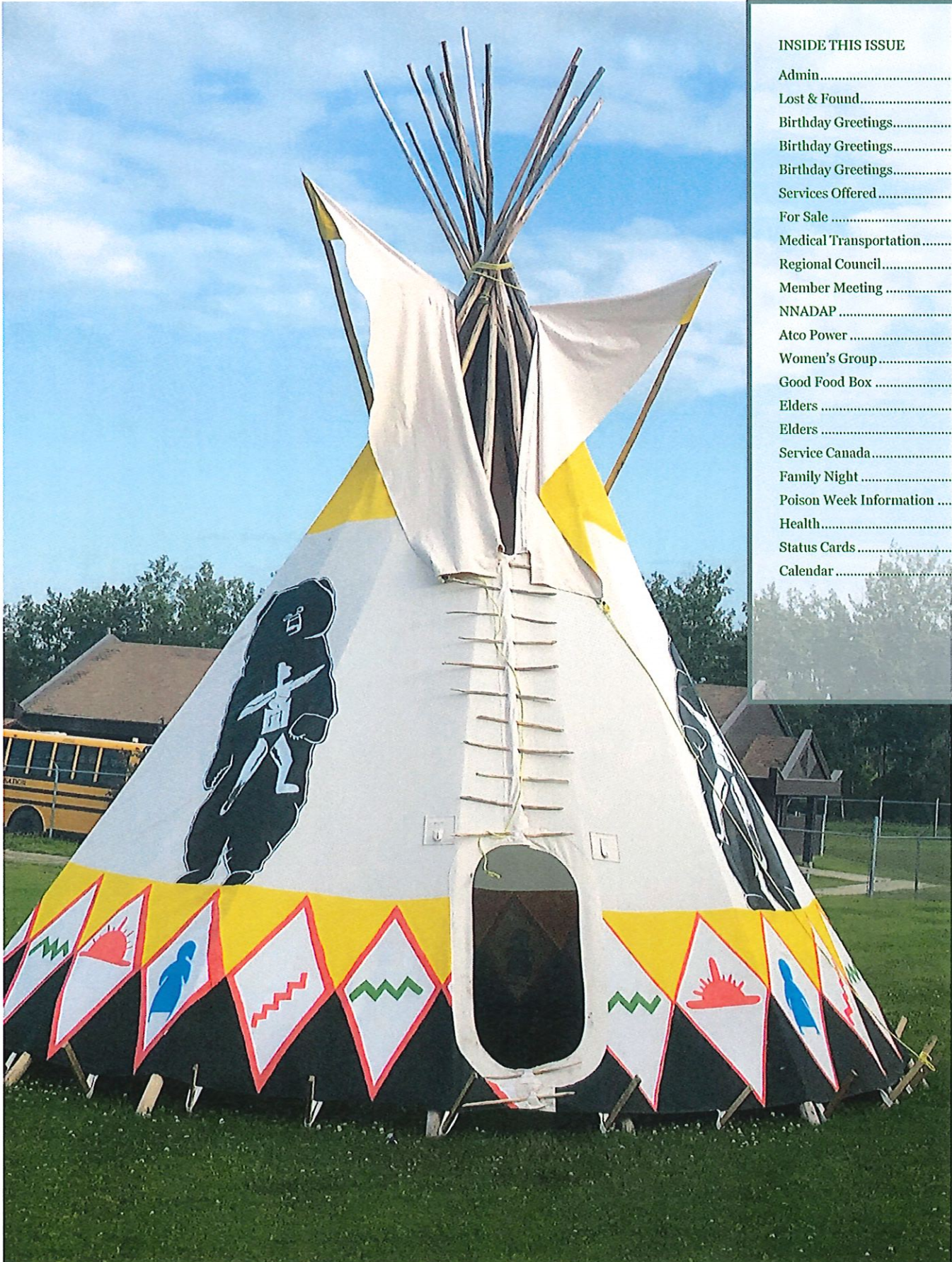


MUSKWA JOURNAL MARCH 2020



INSIDE THIS ISSUE

Admin.....	1
Lost & Found.....	2
Birthday Greetings.....	3
Birthday Greetings.....	4
Birthday Greetings.....	5
Services Offered.....	6
For Sale	7
Medical Transportation.....	8
Regional Council.....	9
Member Meeting	10
NNADAP	11
Atco Power	12
Women's Group.....	13
Good Food Box	14
Elders	15
Elders	16
Service Canada.....	17
Family Night	18
Poison Week Information	19
Health.....	20
Status Cards	21
Calendar	22

LOST AND FOUND



Do either of these jackets belong to you? The child's blue jacket is unclaimed since treaty days last summer and the brown jacket is from family day on February 17th

BIRTHDAY GREETINGS



March 4
Happy Birthday 'Honey'
Love Dennis



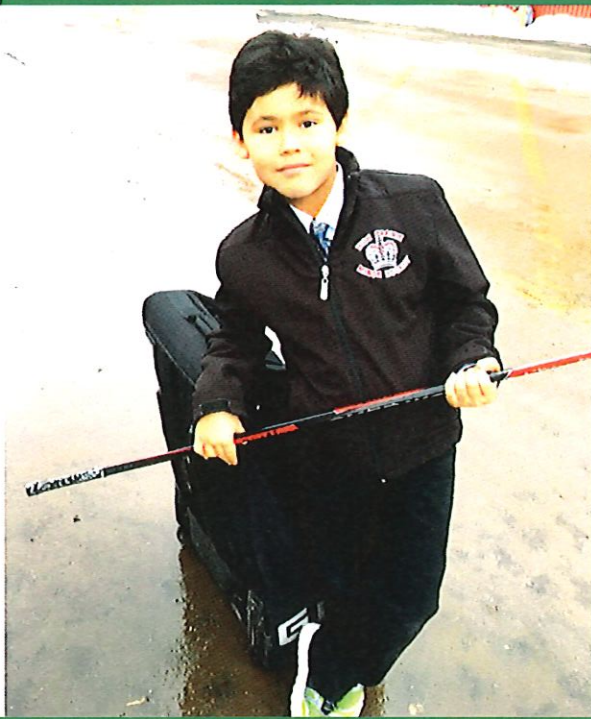
March 9
Happy Birthday
Hope you enjoy your day
Love Shayla and Easton



March 9
Happy Birthday to my big sister Rob
from Wrangler and family

Happy Belated Birthday to my
brother Darcy and my mom Bella
from Wrangler and family

BIRTHDAY GREETINGS



March 22
Happy Birthday
to our sweet boy Trentin
Much love from Mom, Dad and bro



March 17
Happy Birthday Kokum Rose
We love you
From Coty and kids



March 18
Happy 2nd Birthday Jason!!
Love you always and forever
Mom, Dad, Abby, Kaylor, Kallen and
Kaycee



March 6
Happy 6th Birthday Bryanna
We love you so much
From Mom, Dad, Jenelle
and Grayson

BIRTHDAY GREETINGS



March 13
Happy Birthday Lorne
3 years old!
Love Grandma



March 17
Happy Birthday Lyn!!
Love Mom



March 21
Happy Birthday Rae
Love Mom



March 13
Happy Birthday from all of us
Love you

SERVICES OFFERED



SNOW REMOVAL

I am offering my services for snow removal. For more information or to book call or text Big Jim at

780-507-9446

Need extra cash? Do you have a service you would like to offer to your fellow Kapawe'no Members?

Babysitting; Grass Cutting; Snow removal; Housecleaning;

Spring cleaning; provide transportation to town?

You can list your services here in this section and members can contact you for your service and costs

FOR SALE



FOR SALE

2014 24' Deck over Wheel Trailer

Price \$3,500.00

Please call 780-751-3800 if interested before March 9, 2020



FOR SALE

Dump Trailer

Damages to bearings and axle. New tires

Price \$1,500.00 (similar to photo)

Please call 780-751-3800 if interested before March 9, 2020



Non-Insured Health Benefits
First Nations and Inuit Health Branch, Alberta Region
Indigenous Services Canada
Suite 730, 9700 Jasper Avenue
Edmonton, Alberta T5J 4C3

February 24th, 2020

Dear Health Directors and Medical Transportation Clerks:

RE: Timelines for submission of travel requests for prior approval

The Edmonton Referral Unit (ERU) has noted a significant increase in the number of requests for non-urgent travel that are being received within 24 hours of the necessary departure time. The short notification period may impact the ERU's ability to coordinate travel. If this occurs, our clients may be negatively impacted and in some cases our client's trips may need to be rescheduled.

In order to ensure trips are coordinated for planned dates, I am asking Health Directors and Medical Transportation Coordinators to ensure that travel requests and all associated documentation are submitted a minimum of 2 business days in advance of the departure time. Please do not hold onto the file/request at the Health Center until the date approaches, but instead action the file at your earliest convenience and/or in accordance with the timeframe outlined above. By working collaboratively we can help ensure our clients make their scheduled appointment(s).

Thank you,

Jack Kennedy, Director, Non-Insured Health Benefits, ISC
Phone: 780-495-3018
Email: jack.kennedy@canada.ca
cc

Rhonda Laboucan, Regional Executive Officer, FNIHB, Alberta Region
Dr. Parminder Thiara, Regional Director of Primary and Population Health, Alberta Region
NIHB Sub-committee
Brent Henry, Director, Operations and Infrastructure, FNIHB
Corey Leyte, Manager, Edmonton Referral Unit
Keith Pink, Acting Manager, Quality Assurance Community Capacity unit
GCIMS
Information Management (File Copy)

Lesser Slave Lake Indian Regional Council

Indian Residential Support Worker

Calvin Badger will be in Kapawe'no

Wednesday March 4th, 2020

9:00 am -12:00 pm

Kapawe'no BAND HALL

**TO SEEK GUIDANCE / ASSISTANCE WITH
THE FOLLOWING APPLICATIONS:**

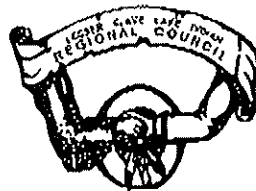
- 1. DAY SCHOOL**
- 2. 60 SCOOP**
- 3. DAY SCHOLARS**

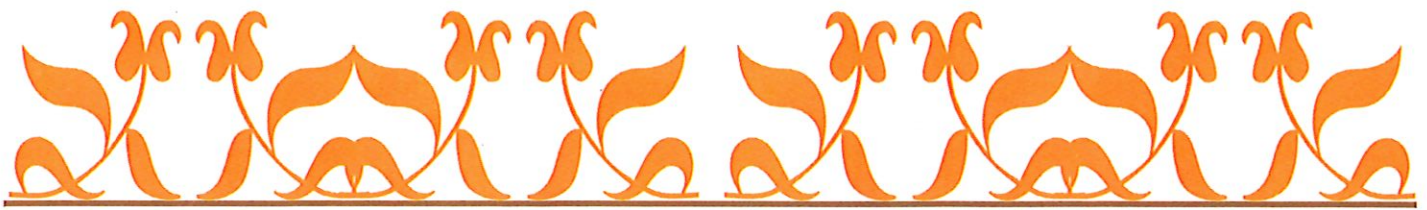
If you have questions please feel free to

Contact:

CALVIN BADGER @ (780) 523-4401

Or (780) 536-7537 Cell





MEMBER

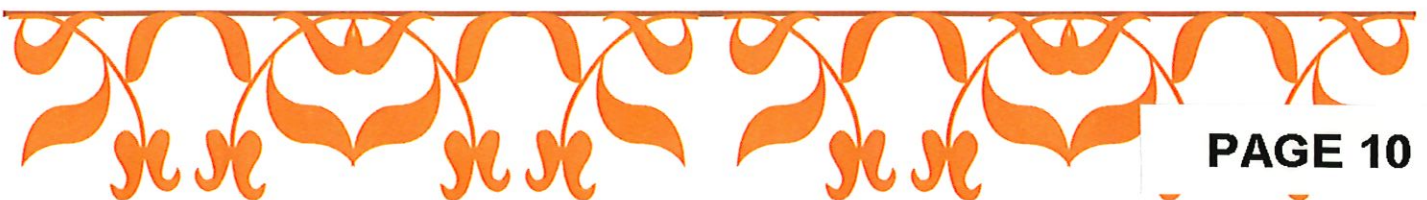
MEETING

SATURDAY

MARCH 7, 2020

10:00

LUNCH SERVED



NNADAP DEPARTMENT UPDATE

The NNADAP department will be holding a men's night on March 10, 2020 at the band hall. The evening will be for the men ages 15 and older to come out and socialize, and come out to have coffee, and refreshments. We can play cribbage, and bean bag games. Also discuss the different things the men would like to do during the up coming new year. We can put together some kind of programs that the men would like to see brought into our community. I look forward to seeing as many men and young adults come out to share their ideas, and work together for the up coming year.

Also if any members want to come to my office to ask for any information on alcohol or drugs of any kind I can help you get the information you need, or if the members want different kinds of workshops to come to the reserve please come and discuss the types you would like to be brought to the nation. If you want call my office 780-751-2284 ask for George.

6:00 PM

ATCO PLANNED

POWER OUTAGE

WEDNESDAY

MARCH 11, 2020

8:00am to 12:00 noon

KFN Offices CLOSED

until 1:00pm



Woman's Group

Ladies only, come out and enjoy an evening with Pam Halcrow teaching her Chalk board craft event.

March 12, 2020

Band Hall

Time 7 pm to 9 pm /snack + drinks

Only 20 spots available Deadline to sign up is March 10 at 4:30

For more information please call Anita Cunningham

At 780-751-2284

ATTENTION ALL:

KAPAWE'NO FIRST NATION RESIDENTS
AND
KAPAWE'NO FIRST NATION STAFF

ANYONE INTERESTED PLEASE HAVE YOUR

\$20.00 SUBMITTED TO THE BAND OFFICE BY:

Monday March 16th, 2020

Shopping will be done and food distributed on:

Wednesday March 18th, 2020

**FOR ANY MORE INFORMATION PLEASE CONTACT
GAETANNE @ 780-751-3800 or ANITA @ 751-2284**

Please note: Groceries will have to be picked up 4:00 to
4:15 Please bring marked boxes or bags **BEFORE**
Wednesday.





P.O. Box 1740
High Prairie, Alberta
T0G 1E0
Telephone (780) 523-4401
Fax (780) 523-4480

February 6, 2020

Chief & Council and/or
Health Director / Elders

RE: LSLIRC ELDERS WORKSHOP MARCH 16, 2020

KAPAWENO HALL, KAPAWENO, ALBERTA

The LSLIRC Health Program will be hosting a 1 Day Elder's Workshop (Mental Health Information Session) on **March 16, 2020** in Kapaweno at the **Kapaweno Hall** from **9:00 a.m. to 3:00 p.m.** and a Merchandise Bingo will be held to finish off the day.

TOPIC: MENTAL HEALTH INFORMATION SESSION

Snacks and a lunch will be served, The LSLIRC Health would like to invite 10 Elders each from Sucker Creek, Driftpile, Kapaweno, Swan River, Sawridge.

Please ensure all Elders on your Community Elders List have an opportunity to attend our Events

NOTE: Elders must attend the Workshop to be eligible to partake in the Merchandise Bingo.

Proposed Agenda;

9:00 am – 9:30 am	Registration
9:30 am – 11:30 pm	Mental Health Informational Session
11:30 pm – 1:00 pm	Lunch
11:30 pm – 1:00 pm	Entertainment
1:00 pm	Merchandise Bingo

Please sign up with Anita Cunningham
Phone 780 751-2284.
By March 5th 2020.

Tanis Elders,

Once again I have been chosen to work on a Honoring Life Project.

Prior to an Elders meeting on February 4, 2020, I had filled in the first step of this project with the Elders that were present at the meeting.

Last step in the first part of the project, A Facilitator Patrick Buffalo will take the lead in this portion which is to talk with our Elders and Youth . This will be a great way in working together in building a better bond with our youth and elders on future projects.

Thank you,

Anita Honoring Life Project Coordinator

AGE GROUP BETWEEN 10 and 24 are welcome to attend.

YOUTH COME OUT AND EAT WITH OUR ELDERS

This will take place March 17, 2020

At the Kapawe'no Band Hall

Time 5:30 p.m

Supper provided , Coffee and Tea

For more information please call

Anita Cunningham at

(780) 751-2284

Service Canada

Mobile Outreach Clinic

Service Canada will be in your community to offer the following services:

Social Insurance Number Applications

-please bring your birth certificate & if applicable the following documentation:
marriage certificate, work permit, or citizenship certificate

Employment Insurance Enquiries

Canada Pension Plan Enquiries

Old Age Security Enquiries

Guaranteed Income Supplement Enquiries

My Service Canada Account

Date:

March 18th, 2019

Time:

10:00am to 12:00pm

Location:

**Kapawe'no
Nation Office**

Family Night

POPCORN and MOVIE NIGHT

March 19, 2020

Bus will leave at 5:30 Parent/Guardian will have to ride the bus with Child/Children. If you choose to take your own transportation will be at your own expense.

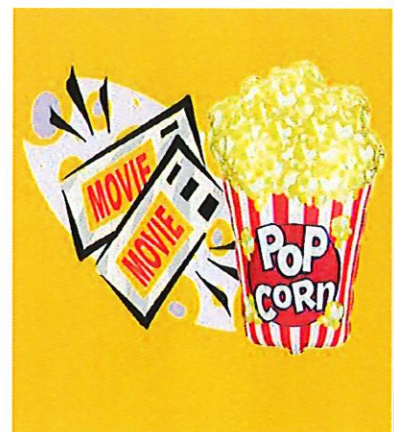
Arrive early to get tickets and popcorn-drinks.

The movie will be ONWARD Cartoon

Please register your family before March ¹⁷~~20~~

At the health center

Call Anita for more information (780) 751-2284



POISON PREVENTION WEEK 2020



For National Poison Prevention Week, March 15 - 21, 2020, the Injury Prevention Centre, the Poison and Drug Information Service (PADIS), Alberta Health Services and community partners from across Alberta are sharing messages with parents and caregivers to protect children from cannabis poisoning.

In the last year, it has become legal in Canada to buy and consume cannabis. Popular ways to use cannabis include smoking, vaping, and consuming edibles. Cannabis edibles can look exactly like normal food and candy items such as chocolate, cookies, brownies, beverages, and gummies. Children can mistake edibles for regular tasty treats and unintentionally eat them.

Help share information about safe storage of cannabis with your community! Visit our website at <https://injurypreventioncentre.ca/campaigns/poison-prevention>, here you will find free resources to order and download including posters, video, social media and a food storage clip.

For more information, please contact [Patti Stark](#) at the Injury Prevention Centre or [Joanne Sadler](#) at Alberta Health Services, Provincial Injury Prevention Program.



Patti Stark

Community Mobilization Coordinator

780.492.2330 | patti.stark@ualberta.ca

INJURY PREVENTION CENTRE

4075 RTF - [8308 114 St NW](#)

[Edmonton AB, T6G 2E1](#)

injurypreventioncentre.ca

Join us on [SafetyNET](#) - our online injury prevention community.

Please consider the environment before printing this message



The Injury Prevention Centre and the University of Alberta respectfully acknowledge that we are situated on Treaty 6 territory, traditional lands of First Nations and Métis people.



KFN Presents...

Dani & Lizzy Music

March 21 & 22

10-3pm**

Band Hall

Please welcome Dani, Lizzy and their team for a weekend of workshops. Please come out and have fun! Learn to write songs and hip hop dance. James Jones will be here teaching the art of dance. Open to youth ages 8 and up. Lunch and snacks provided.

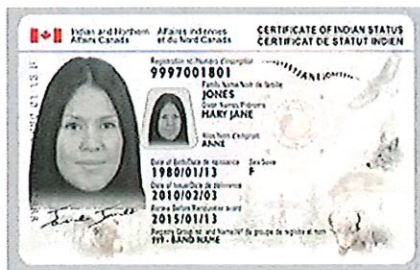
**Times subject to change

STATUS CARDS

Status Cards Will Be Issued at the
KAPAWE'NO BAND OFFICE on

MONDAY, MARCH 23RD 2020

10AM – 1:30PM



- **ADULT APPLICATIONS** –
MUST HAVE GOVERNMENT
ISSUED IDENTIFICATION
- **CHILD APPLICATIONS** –
CHILD'S BIRTH CERTIFICATE
+ PARENTS IDENTIFICATION

**Please call 780-751-3800
to make an appointment.**

***Remember to bring I.D.
No exceptions will be made.**

****WEATHER PERMITTING****

March 2020

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1	2	3	4 <i>Doreen Willier Calvin Badger 9-12 Band Hall</i>	5	6 <i>Committee Meeting 5:30</i>	7 <i>Member Meeting 10:00</i>
8	9	10 <i>Men's Night 6:00 Band Hall</i>	11 <i>Planned Power Outage 8:00—12:00 Offices closed until 1:00</i>	12 <i>Turtle in my Tipi Band Hall 9to 9:30 Women's Night 7-9</i>	13	14
15	16 <i>Good Food Box Elders all day Female Youth Group 5:30</i>	17 <i>Elders and Youth Evening 5:30</i>	18 <i>Doreen Willier Service Canada 10:00—12:00 Good Food Box Pickup 4:00</i>	19 <i>Family Night 5:30</i>	20	21 <i>Youth Workshop</i>
22 <i>Youth Workshop</i>	23 <i>Safety Course First Aid 9:00 -4:30</i>	24 <i>Safety Course First Aid 9:00-4:30</i>	25 <i>Safety Course WHIMIS/ TDG 9:00-4:30</i>	26 <i>Safety Course Ground Disturbance 9:00-4:30</i>	27 <i>Activities for Education K to grade 8 9:00—3:30 for HPSD and Holy Family</i>	28
29	30	31	<i>Doreen Willier</i>			