

MUSKWA JOURNAL FEBRUARY 2020



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JANUARY 27

**In loving memory
Your presence we miss
Your memory we treasure
Loving you always
Forgetting you never**

Love Gaetanne



BIRTHDAY GREETINGS

February 17

Happy Birthday to the 3 / 17s

**Happy Birthday to our Late Chief Frank Halcrow who watches
over our nation from the heavens.**

Father, Uncle, Brother, Moosum and beloved Husband

Also Happy Birthday to Beluxy and Trevor

From Stacie and family

BIRTHDAY GREETINGS



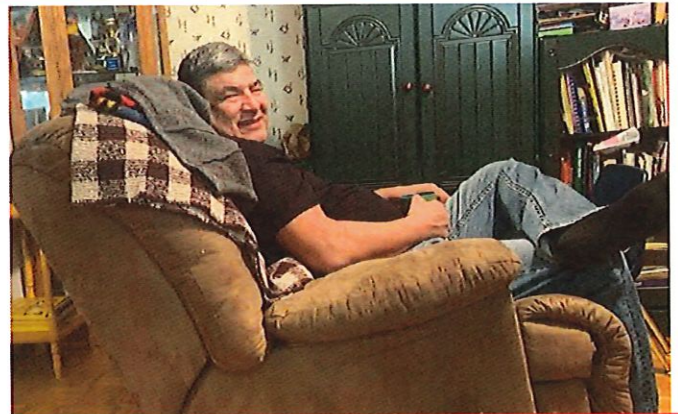
February 5
Happy Birthday to my best friend
Love your bestie!



February 2
Happy Birthday to my
bro Jarett!
Love your sister neestaw and
family



February 10
Happy Birthday Mom
Love Jayden, Trenton
and Brett



February 21
Happy Birthday Dad/Mosum
Love Kirby and Kids

BIRTHDAY GREETINGS

**February 24
Happy Birthday
Kokum Bella
From Fern and family**

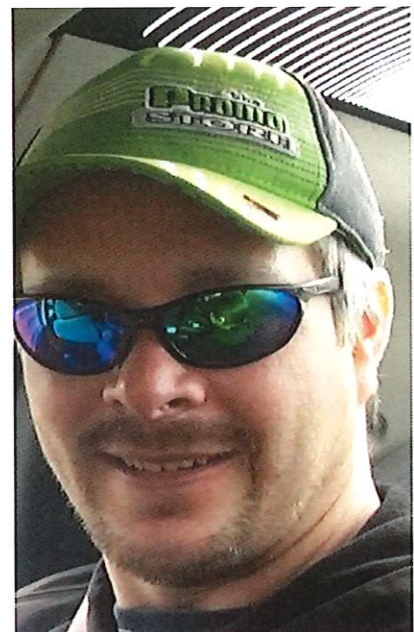
**February 24
Happy Birthday Mom/Kokum
Love Rob, Girls
and Easton**

**February 25
Happy Birthday Darcy
From Fern and family**

**February 25
Happy Birthday
brother Darcy
Love Rob, Girls
and Easton**



**February 24
Happy Birthday Kokum/Mom
Love Abby, Kaylor, Kallen,
Kaycee, Jason
Darcy and Nicole**



**February 25
Happy 36th Birthday Dad
Abby, Kaylor Kallen, Kaycee,
Jason
Always and Forever**

BIRTHDAY GREETINGS



February 26
Happy Birthday Bobbi Jo
Love Sam and family



February 21
Happy Birthday Dad!
Love Rae, Kael and Mackenna



February 17
Happy Birthday Trev
Love Mar



February 26
Happy Birthday Kael!!
Love Mom and Mackenna

BIRTHDAY GREETINGS

January 1
Happy belated Birthday
Megan Lee Pfefferle
Love Dad

February 2
Happy Birthday Shawna
Love Anita, Jonathon
and Megan

February 9
Happy Birthday Baby Girl
Stixamarie
Lisa Marie
Much Love

February 14
Happy Birthday to an awesome bro
Love ya Big Jim
Have a great day
From your sister Lisa

February 10
Happy Birthday to my wonderful
Cuz Michelle
Have a wonderful day
From Lisa

February 14
Happy Valentine Day
To everyone on KFN
From Lisa

February 14
Happy Birthday to our
Families Sweetheart Big Jim
From Stacie and family

February 28
Happy Birthday Jaimie
Love mom and family

BUY AND SELL OR TRADE

Need extra cash?

**Do you have items for sale that you would like to offer to your fellow
Kapawe'no Members?**

Looking for items perhaps someone can sell you?

Anything you would like to trade?

SERVICES OFFERED



SNOW REMOVAL

I am offering my services for snow removal. For more information or to book call or text Big Jim at

Need extra cash? Do you have a service you would like to offer to your fellow Kapawe'no Members?

Babysitting; Grass Cutting; Snow removal; Housecleaning;

Spring cleaning; provide transportation to town?

You can list your services here in this section and members can contact you for your service and costs



MENTAL HEALTH



MENTAL HEALTH

MENTAL HEALTH WORKER

Mental Health Worker

Doreen Willier

will be available for appointments at the

Alice Halcrow Health Centre

Call Health Centre at 780-751-2284 to book an appointment

Appointments available every second Wednesday

February 19th

March 4th

March 18th

April 15th

April 29th

Will be available for appointments until the end of September 2020

**Definiton of Mental Health according to the
World Health Organisation**



Health Promotion Activities

- **February 12th:** Immunization Clinic 10-3, call to book an appointment.
- **February 13th:** Foot Care Clinic 10-3, call to book an appointment.
- **February 19th:** Elders lunch at the health centre, 12 noon. Come and eat and socialize.
- We have the nutrition program available for any prenatal women in the community, Contact Laura at the health centre and sign up. There are prenatal classes available to anyone who wants to participate.
- We have flu vaccine available, if you haven't received your annual flu needle, please come and get immunized.
- We continue to have 'brown bags' available at the Health Centre in the reception area, They have condoms and sexual health information in each bag, Please come and get one if you need some.

Wash your hands

Wash your hands with soap and running water when **hands are visibly dirty**



If your **hands are not visibly dirty**, wash them with soap and water or use an alcohol-based hand cleanser



World Health
Organization

ATTENTION ALL:

KAPAWE'NO FIRST NATION RESIDENTS
AND
KAPAWE'NO FIRST NATION STAFF

ANYONE INTERESTED PLEASE HAVE YOUR

\$20.00 SUBMITTED TO THE BAND OFFICE BY:

Monday February 10th, 2020

Shopping will be done and food distributed on:

Wednesday February 12th, 2020

**FOR ANY MORE INFORMATION PLEASE CONTACT
GAETANNE @ 780-751-3800 or ANITA @ 751-2284**
Please note: Groceries will have to be picked up 4:00 to
4:15 Please bring marked boxes or bags **BEFORE**
Wednesday.



Babysitting Course

This program will be held February 15/2020

Band Hall doors open at 8:30/start at 9:00 am

One day course

Snacks and lunch will be provided

Age 11 and 17

Youth will receive a certificate when course is done

Please sign up your youth by February 7th

For more information please call Anita at (780) 751-2284



Elders Luncheon

There will be an Elders Luncheon

February 4, 2020

Place: Band Hall

Time: 12 noon

This luncheon is to gather our Elders together for upcoming projects and other related events for Elders. I hope that you can all attend and enjoy a meal with our Elders of Kapawe'no First Nation.



For more information please call Anita at
780 751-2284

KAPAWE'NO CONSULTATION OFFICE

KAPAWE'NO FIRST NATION



Special points of interest:

- January overview
- Ongoing projects
- Open house

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FEBURARY 2020

Unfortunately, 2019 Did not end in good spirits with the passing of one of our members, Thomas Rielly Halcrow. Sincere Condolences to his loved ones, and the community. We would also like to express our sincere condolences to Franks wife, Effie Anderson, the family, and the nation, on the passing of our longstanding Hereditary Chief Frank T. Halcrow Sr.

It is without a doubt 2020 has put a somber foot forward. Consultation continues to be busy with on going projects, as well as new ones. However overall January has been slow with the funeral preparation and services as well as the cold snap we had. Hope you all stay warm; Environment Canada expects more to come.

Please stop by the office (or make an appointment) if you are interested in providing feedback on proposed oil and gas developments, various government initiatives such as the Species at Risk (the current ones are Caribou and Grizzly Bear Management Plan), or forestry developments.

Staff would like to send a thank you to everyone who attended the open house on January 27th, 2020. Community input on proposed projects is greatly appreciated.



We are happy to hear that the Kapawe'no children who are enrolled in minor hockey had an amazing time participating in the Indigenous Hockey Camp held in Slave Lake on January 15th. Quite the hockey stars we have here on KFN!



The Consultation office is hosting an open house on **February 26th, 2020** 4-7 pm.

On our agenda:

- Movies
- Coloring contest
- General discussions on KFN consultation operations and community events.

STATUS CARDS

Status Cards Will Be Issued at the
KAPAWE'NO BAND OFFICE on

MONDAY, February 24th 2020

10AM – 2PM



- **ADULT APPLICATIONS** –
MUST HAVE GOVERNMENT
ISSUED IDENTIFICATION
- **CHILD APPLICATIONS** –
CHILD'S BIRTH CERTIFICATE
+ PARENTS IDENTIFICATION

**Please call 780-751-3800
to make an appointment.**

***Remember to bring I.D.
No exceptions will be made.**

Kapawe'no First Nation Aboriginal Head Start

February 2020 Newsletter

Happy Ground Hog Day

Feb 2, 2020

Happy Valentine's

Feb 14th, 2020

Important Phone Numbers

Head Start: 780-751-3830
Head Start Teacher/Coordinator:
Mrs Tina Calliou

Valentine's Day Party
K3 Wednesday Feb 12, 2020
K4 Thursday Feb 13th, 2020

We will be having snacks,
handing out our Valentine cards.
Party will begin around 11:00am.
If you would like to send a snack with
your child, please make sure that it
is prepackaged.

Names for Valentines:

Christopher
Brett
Bria
Kenzee
Maddison
London
Olivia
Kayson
Collin
Kiera
Miss Kelly
Mrs Calliou

Eagle Feather Project:

We started our Eagle Feather Project with Northland School on Jan 25, 2020

We have scheduled days that we travel to the school from 10:00-11:00 to visit the Kindergarten class. We spend the hour with the school students just so our K4 can see and get used to the transition from Head start to Kindergarten. ..So far they are enjoying the bigger classroom and seeing all the other children 😊

Field Trip

We are planning a visit to the Driftpile Regional Police Station On Thursday February 21 or February 28, 2020

We are still waiting for confirmation on this 😊

Program Reminders

- The weather is very unpredictable this time of the year. Please remember to send all your child's winter gear with them to school each day. We go outside every day if the temperature is above -15.
- Please remember to send extra clothes with your child. There are some children that do not have a full set of clothes in their cubbies.
- If your child will be having a different way of transportation to and from school, please contact the head start before school is over. We will notify the bus driver.
- Please leave toys or any items at home. **Show and Tell** you may bring an item to head start. Please watch for the show and tell day!

About coronavirus

Coronaviruses are a large family of viruses. Some cause respiratory illness in people, ranging from mild common colds to severe illnesses. Others cause illness in animals. Rarely, animal coronaviruses can infect people, and more rarely, these can then spread from person to person through close contact.

Novel coronaviruses are new strains of the virus that have not been previously identified in humans.

At this time, this strain of coronavirus (2019-nCoV) does not appear to be as severe as other coronaviruses, such as SARS. Many patients have reported only mild symptoms. There is evidence of person-to-person spread.

Actions being taken

Alberta Health and Alberta Health Services are carefully monitoring the situation and will be able to respond effectively should there be any cases in Alberta. They are working to ensure front-line health professionals have information about the virus so they can take recommended actions and promptly report suspected cases to public health officials.

Alberta's public health officials are:

- monitoring the situation in Ontario, China and around the world
- working closely with health authorities to share information and assess potential health risks
- ensuring our health system is ready to respond effectively if needed

Cases in Alberta and Canada

There are no probable or confirmed cases of the novel coronavirus in Alberta at this time. The cases in Ontario are travel-related and are being isolated to prevent further transmission.

Confirmed cases	0	2
Location	In Alberta	In Canada

Prevention

Although travel-related cases may be identified, the risk for Albertans is still considered low. Public health measures are in place to quickly identify potential cases and prevent the infection from spreading.

It's important to remember that there are many common respiratory viruses circulating in Alberta and globally, such as influenza. The most likely cause of a respiratory infection will be one of

these common viruses, unless the person who is ill has recently returned from travelling to an area where the novel coronavirus is circulating.

To help protect against all respiratory illnesses, including the flu and coronavirus, you should:

- use good hygiene practices, such as frequent handwashing
- stay at home and away from others if you are feeling ill
- consult the [Travel Health Notice for China](#) if travelling abroad before leaving the country
- contact your primary health provider or [811 Health Link](#) if you have questions or concerns about your health

Symptoms

Symptoms for the novel coronavirus are similar to those for influenza or other respiratory illnesses. They can range from mild to severe and include:

- fever
- cough
- difficulty breathing
- pneumonia and kidney failure

The majority of cases have reported mild symptoms. However, there is a risk of death in severe cases.

Resources

- [AHS update on novel coronavirus](#)
- [Public Health Agency of Canada's update on Pneumonia of Unknown Cause in China](#)
- [World Health Organization's Novel Coronavirus – China](#)

February 2020

Sun

Mon

Tue

Wed

Thu

Fri

Sat

						1
2	3	4 <i>Elders Lunch Band noon</i>	5	6	7	8
9	10 <i>Good Food Box Deadline</i>	11	12 <i>Headstart Valentine Party Immunization Clinic Good Food Box Pickup</i>	13 <i>Headstart Valentine Party Footcare Clinic</i>	14 	15 <i>Babysitting Course</i>
16	17	18	19 <i>Counselling with Doreen Elders Lunch at Health Centre</i>	20	21 <i>Headstart Field Trip</i>	22
23	24 <i>Intake all day Status Cards</i>	25	26	27 <i>Consultation Open House 4 to 7</i>	28 <i>Alternate Headstart Field Trip</i>	29



FEBRUARY 2020

LAKESHORE REGIONAL POLICE SERVICE

WOULD YOU LIKE TO RECEIVE OUR NEWSLETTER VIA EMAIL?

Please contact the Crime Prevention
Coordinator 1-855-299-0138 to be added to our
email list.

INSIDE THIS ISSUE

- Distracted Driving Law
- New Drivers
- Bullying
- Theft from Auto
- Theft of Auto

Don't Drive InTEXTicated!



DISTRACTED DRIVING LAW

As per the Alberta traffic safety calendar, February is Distracted Driving Month. Distracted Driving is against the law in Alberta.

What's Restricted?

Drivers are not allowed to engage in any activity that distracts them from the operation of the vehicle, even while stopped at a red light. Restricted activities include, but are not limited to:

- Holding, viewing, or manipulating a cell phone or other communication device-this includes texting, emailing, or holding the phone while speaking (holding a phone that is on speaker is not the same as handsfree model!)
- Holding, viewing, or manipulating hand-held electronic devices like tablet computers, video games, cameras, video entertainment displays, and portable audio players.
- Entering information into GPS units.
- Reading printed materials.
- Writing printing, or sketching
- Personal grooming (brushing and flossing teeth, putting on make-up, clipping nails, shaving, etc.)

You can be charged with distracted driving if you are doing any of the above activities, even if your driving performance does not appear to be affected.

What's still allowed?

Drivers can still engage in the following

- Using a hand-held cell phone ONLY if calling emergency response (911)
- Using a cell phone in hands-free mode
- Drinking a beverage or eating a snack., smoking
- Using a 2-way or CB radio when required to do so for employment purposes

DISTRACTED DRIVING LAW

Distracted driving continued...

Remember, police have the discretion to lay charges if you are engaging in any activity that distracts you from your ability to drive safely. Keep your focus on the road and pull over to park if you will be doing anything that might take your attention away from driving safely.

What's the penalty?

\$287 fine and three demerit points.

Tips for staying alert

Driving is one of the most complex tasks many of us ever do. During rush hour, you must keep track of 3,000 items including traffic signals, other motorists, passengers, and road conditions.

Keep your eyes on the road and staying alert can be difficult, but life-saving. Here how to minimize distractions.

1. Put your phone away

- While using a cell phone in hands-free mode is legal, its safest to use your cellphone only when your vehicle is parked in a safe place. If your phone rings while driving, have a passenger take the call or let it go to voicemail.

2. Stay calm

- Avoid emotional conversations with passengers as they can lead to unsafe behaviours.

3. Keep your hands on the wheel

- Never take notes or use a laptop while driving. Park in a safe place before writing things down

4. Pull over

- If you need to attend to your kids or attend to pets in your car, find a safe spot to park

5. Plan ahead

- Don't program electronics like mp3 players or GPS units while driving

5 SECONDS IS TOO LONG
DISTRACTED DRIVING IS MORE THAN JUST TEXTING.



**NO TEXTING
WHILE DRIVING**



Distraction is dangerous for all road users.

DISTRACTED * PEDESTRIANS

Tips to help you stay safe near roadways and minimize distractions.

Did you know?

94% of pedestrian casualty collisions occurred in urban areas and 29.3% occurred during the evening rush-hour (3-7 p.m.)

During rush hour, drivers must keep track of 3,000 items including pedestrians like you. To help ensure that other motorists see you, you need to pay attention to. Here's where to start.

1. Remove your headphones

When you're walking near busy roadways, you need to be able to use all your senses to stay safe. We recommend you take out your earbuds so you can listen for changes in traffic such as emergency response vehicles.

2. Put your phone away.

When you're crossing the street, look at the cars around you and not at your phone. Be prepared in case a driver makes a mistake or wrong turn.

3. Use the sidewalk. Walking Paths

When there's one available, always walk on the sidewalk. If there isn't one, walk off the road, facing traffic, staying as far away from vehicles as possible.

Distracted cycling laws and penalties in Alberta.

Did you know?

Cyclists must follow the same laws as drivers of motor vehicles.

Distracted Cycling Restrictions:

Before you take your next bike ride, remember to follow the Traffic Safety Act Distracting Driving rules. Below are restrictions that apply to cyclists:

- Using hand-held cell phones
- Texting or e-mailing



NEW DRIVERS & DISTRACTED DRIVING

Distracted driving continued...

- Using electronic devices like cameras and portable audio players.
- Entering information on GPS units.
- Reading printed materials.
- Writing, printing or sketching.
- Personal grooming.
- Entering information on GPS Unit.

Penalties for Distracted Cycling

You could be fined \$287 for distracted cycling.

Is it illegal to wear headphones while cycling?

While it is not illegal, wearing headphones while cycling isn't recommended. You're less likely to hear emergency responders, railway crossing signals and sounds that could warn you of danger. Wearing your headphones also makes you more likely to get into a collision with vehicles or pedestrians since you're less aware of your surroundings.

Here's some tips on how to make sure you stand out.

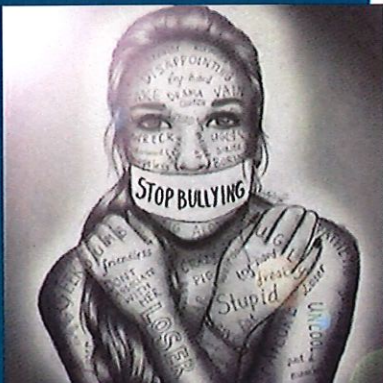
When you're walking or running outdoors at any time of the day, you're smaller than all the vehicles around you and are much more vulnerable in a collision.

1. We recommend brightly coloured clothing. It will improve your visibility to other drivers and make sure that you're seen while crossing the road or walking/running against traffic.
2. Signal you intent. Use hand signals before crossing the road to let drivers know what you plan on doing. Fully extend your right or left arm and point in the direction you're going in before crossing.
3. Watch the weather. When its raining, snowing or there's heavy fog, you can be even harder to see outside. Make sure that you wear brightly colored clothing, reflectors, and use hand signals at all times.

Stay Safe by Staying Alert.



Stop Bullying now,
take a stand, lend a hand.



BULLYING

Components of an effective bullying prevention approach.

Bullying is any repeated, hostile, or demeaning behaviour intended to cause harm, fear or distress, including physical or psychological harm.

For action to be considered bullying it needs to involve:

Intent: the actions happens on purpose.

Harm: the recipient hurts us hurt by action.

Repetition: the recipient is repeatedly targeted.

Bullying can be:

- Verbal: name calling, putdowns, threats
- Social/ relational: exclusion, gossiping, ganging up
- Physical: hitting, pushing, slapping

Bullying creates fear and threatens the safety and well-being of individuals, families and society as a whole. To end bullying, we need to work together to promote healthy relationships by demonstrating trust, empathy, honesty and respect.

An effective bullying prevention approach is based on promoting healthy relationships.

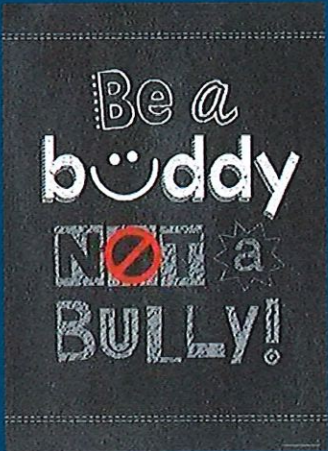
It is positive, planned, and sustained over time. Considered the following as you develop your prevention strategy:

1. **Promote Healthy Relationships.** Healthy relationships can be promoted by engaging people and teaching them skills and strategies to be empathetic, listen, be honest and treat others with respect. Healthy relationships can give people the tools to resolve conflict appropriately and manage and regulate their emotions.

2. **Emphasize a shared responsibility for preventing and dealing with bullying.** Bullying is everyone's business and it will take an on-going community effort to stop it.

BULLYING CONTINUED...

- 3. **Asses the scope and specific nature of bullying behaviours in your school or community.** Do an anonymous questionnaire. Finding can help you tailor your strategy and serve as a baseline for future information gathering.
- 4. **Focus on changing the social environment.** Delete and replace with: Create and environment where bullying is not considered a "normal" part of growing up. When people know that bullying is not tolerated, people feel more comfortable speaking out about experiencing bullying.
- 5. **Build support for bullying prevention.** Bullying prevention should not be the sole responsibility of one individual. Work with members of the community or school first to ensure buy-in from the majority. Involvement of children and youth is an important part of identifying effective approaches for dealing with bullying.
- 6. **Formailze this approach.** Form a group to coordinate bullying prevention activities in schools or communities, and meet regularly to sustain momentum.
- 7. **Increase awareness and education with training.** Training will help everyone interested to understand prevention and intervention, the nature of bullying and its effects, how to respond if they observe it and how to prevent bullying from occurring.
- 8. **Use positive and appropriate language.** Consistent positive language and messaging provides people with examples of how to respond in a given bullying situation.
- 9. **Establish and enforces rules and policies related to bullying.** Developing and posting simple, clear rules about bullying can help to ensure that children are aware of the exception to refrain from bullying and to help those who are bullied.



Be the reason someone smiles today.



If you can't be kind .. Be quiet!

BULLYING

10. Increase adult supervision in hot spots where bullying occurs. Bullying tends to thrive in locations where adults are not present or are not vigilant. Identify the locations through the questionnaire and then look for effective ways to increase adults' presence in these locations.

11. Intervene adult supervision in hot spots where bullying occurs. Intervene effectivity on the spot to stop bullying. Have designated individuals hold sensitive follow-up meetings with children who are bullied, and then separately with children who bully.

12. Teach and reinforce specific skills in preventing and stopping bullying behaviours. Children and youth need to learn how to prevent, stand up to, and stop bullying. As they learn these skills, they gain confidence to deal with bullying situations.

13. Continue these efforts over time. There should be no end date for bullying prevention. Approaches should be regularly reviewed and evaluated for effectiveness in changing behaviours and adjusted accordingly.

Effective Assessments of a bullying prevention program.

Assessments are the starting point for understanding the nature and extent of bullying problems and must address the following issues:

- **Bullying is a relationship problem.** Focusing only on the child who bullies is not sufficient include other children who may have witnessed the bullying and significant adults. Comprehensive assessments involve peers, parents, other significant adults and communities.

- **Assessment of bullying problems** requires a focus on children's development. Bullying changes as children grow older and can differ between girls and boys. Assessment tools must be sensitive to children's different developmental needs and capacities.
- **Adult leadership is the foundation for addressing bullying problems.** Adults need to understand bullying problems and their significance and all adults leaders are responsible to ensure that the commitment communications and resources are provided.

THEFT FROM AUTO

Most vehicle crime is opportunistic and therefore preventable. By following some straightforward advice, and working together, we can ensure that this type of crime is reduced in your community. Some of the advice may sound obvious and rather simple but it could make all the difference if you follow it consistently. The cost and the time you must spend on repairs, replacement of stolen items can be easily prevented by following some simple tips.

Tips to prevent thefts from your vehicle.

Never leave ANYTHING on display when you leave your vehicle. Even loose change, cigarettes, cigarette lighters, sunglasses, CD's, cell phones, stereos, cameras, and clothing, if they can see it they will steal it.

Park Safely.

When parking at home, always use your garage if you have one, and lock both your vehicle and your garage. If you don't have a garage, try to park in a well-lit, open place. When parking at work or your local mall, park in a well-lit open place.

In a world where you can be anything

BE KIND

If you leave it running, you may find yourself walking.
Never leave an idling vehicle unattended.



THEFT FROM AUTO

Get an Alarm Installed.

Alarms can deter thieves not only from stealing items from your vehicle, but also from stealing your vehicle. Even if you have an alarm installed NEVER, NEVER, NEVER leave anything in your vehicle. Thieves can smash a window, reach in grab an item and be gone in seconds, before your alarm is even activated. Caution is needed that you do not set your alarm to sensitive. Storms, wind, large trucks passing by your vehicle can set it off.

Use a Steering Locking Device (The Club)

Use a steering wheel lock every time you leave your vehicle. A vehicle that is well secured has a tendency to deter criminals. A steering wheel lock will also deter theft of your vehicle.

THEFT OF AUTO

Most car security is inadequate. Thieves are able to break into and drive away with most models of vehicles in less than a minute. Research shows that particular kinds of thieves favor certain models because they have found ways to steal them easily. Many of these stolen vehicles will be used in other crimes and are often involved in police pursuits. These pursuits can become a safety risk to the public and the police officers involved.

Most vehicle crime is opportunistic and therefore preventable. By following some straightforward advice, and working together, we can ensure that this type of crime is reduced in your community.

THEFT OF AUTO

Tips to prevent Vehicle Theft

Do not leave your vehicle running. Under no circumstances should you leave your vehicle unattended while running with the key in the ignition. NOTE: Remote car starters are not a problem; they are designed to shut off if attempts are made to steal the vehicle.

No Spare Keys. Do not leave a spare key hidden in the vehicle. Thieves look for spare keys, and once they break into your vehicle, they know all the hiding spots. You can get a spare key holder for your wallet or purse.

Lock up Your Vehicle. Always check that the doors, windows, and sun roof are shut and locked when you park your vehicle. Leave your vehicle in a locked garage where possible. Lock your vehicle even when it is in the locked garage.

Be aware of where you park Park in parking lots that have more than one of the following:

1. Security cameras;
2. Security patrolling the parking lot;
3. Someone working at an entrance/exit booth;
4. A gated parking lot that needs a pass to get in and out;
5. Well lit;

A busy parking lot with lots of people coming and going or an area where there are lots of vehicles or pedestrians passing by.

Treat Your Keys Like Cash. Don't leave keys in places where they are easy to snatch, such as a gym locker, on your desk at work, visible in an open purse or unattended in a shopping cart. Thieves will grab and go, then head out to the parking lot and push the button on your key fob until they find your car.

**LOCK YOUR CAR.
TAKE YOUR KEYS. HIDE YOUR THINGS.
It all starts with YOU!**



**REMEMBER: IF THEY CAN SEE IT
THEY CAN STEAL IT**



THEFT OF AUTO

Continued..

Do not leave items in your vehicle. Thieves can be attracted to your car because personal items are left in plain sight. Never leave anything in your vehicle, including loose change, cell phones, CDs, cameras, clothing, sunglasses, cigarettes, lighters, and any other items.

Install a Remote Car Starter. Remote starters are designed to shut off if anyone attempts to drive the vehicle without a key. This will allow you to warm up your car without risk of theft.

Common items Stolen from Vehicles

- Phones
- Laptops
- Money
- Garage door openers
- Radar detectors
- Shopping packages
- Purses
- Stereos
- Briefcase
- Tools
- Personal documents

Additional Tips:

Do not leave items in your vehicle.

Placing Items (insurance, registration, garage door openers, etc.) in the glove box or under the seat helps but many thieves will check these areas even if they just think you are hiding them.

If you carry these or other items in your car, place them in a small gym bag type bag and lock them in the trunk of your vehicle when you park it. Then when you come back to your vehicle remove your gym bag from the trunk and your items will be available to you.