

MUSKWA JOURNAL November 2019

GREETINGS FROM ADMINISTRATION

Hello to everyone. Enjoy your Halloween night giving out candy and seeing all the monsters and goblins.

REMINDERS

We had our membership meeting on October 5th, 2019 and the turn out was good. Some of the topics that were discussed was membership, self government, self determination and there will be more membership meetings held as we go forward.

HOUSING INFORMATION

The insurance adjuster has informed us just the other day that the bids have now been all compiled and the information has been sent to the insurance company and we should know who will be the successful bidder. They now decide on how much they will be paying out and whom the successful bidder will be; so we should be hearing from them soon.

HOUSEKEEPING ITEMS

There has been an incident where one of our members needed stitches due to a dog bite. Reminder we need to either fence our dogs or tie them up.



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Our Education Department is Hosting a **Career Showcase 2019** in the morning of Friday November 8th for the Grade 7 through to Grade 12 students at the Kapawe'no Band Hall.

To be followed in the afternoon with a visit from Jill Rice with Alberta Health for an Interactive presentation.

The younger grades (3 to 6) will take a trip out to the Philip J. Currie Dinosaur Museum and the Tiny Tots (K to 2) will see Lion King that morning in High Prairie.

We will require Parent Volunteers, so please call me for more details and to sign up.

We are still seeking a Part Time Homework Facilitator for our Homework evenings. Please see me for details regarding this program.

And just a thought, a reminder out to you The parents if you have the time, jump on the Town Bus run. Please know that the children would enjoy having you ride with them! Call or Text Viv first though. Thank you

Part time Homework Facilitator required for the
Kapawe'no First Nation Home-Work Program 2019-2020

Position Description:

Kapawe'no First Nation Homework Club is seeking a Part-time Coordinator for Homework facilitation. This Position is a Contracted position up until the end of June 2020 with possibility of extension for next School term 2020-2021. Be able to deliver specialized teaching materials, compile and assess student 'at risk' needs working with the teaching staff of the 3 School Divisions, namely: Holy Family Regional School Division, High Prairie School Division, and Northland School Division. Responsible for the development of Program design to ensure effective outcome for student success.

Duties:

- Provide encouragement and support to students to achieve Academic goals
- Responsible for all aspects pertaining to the Homework Club for Kapawe'no First Nation students.
- Ensuring all supplies are available to support the program.
- Develop Individualized Work Plans for each student in Consultation with the parent/guardian and teaching staff if required. Ensure proper tracking for each file.
- Able to identify other potential resources that will support student success.
- Utilize effective communication and influence effective rules and procedures that will provide safe learning environment.
- Able to provide one on one tutor support to student or arrange for other supports based on student needs.

Requirements:

- Knowledge of and sensitivity to indigenous (First Nations) traditions, cultures, and educational concerns is an asset.
- Grade 12 or some Post-Secondary training in working with students in school setting.
- Must be able to work independently
- Must be proficient in computer knowledge.
- Must maintain positive life style
- Must be willing to abide by Professional Code of Conduct and consent to signing an Oath of Confidentiality Agreement.
- Reports to: Education Coordinator

If you require further detail of the above, please see me or call our Department.

Resumes can be submitted:

Deb Chalifoux-Couturier, Coordinator for Kapawe'no Education
P.O. Box 10
Grouard, Alberta ToG 1Co

Lakeshore Regional Police Service NOVEMBER Newsletter



Learn #WhereToTurn in November for Family Violence Prevention Month

Family Violence Info Line: 310-1818
alberta.ca/EndFamilyViolence



The Lakeshore Regional Police Service will focus on the traffic safety initiative of Occupant Restraints. This will include

education and awareness campaigns as well as local enforcement in our communities. The month of November is also Family Violence Prevention Month. Alberta has the third highest rate of self-reported spousal violence among Canadian provinces, yet family violence is preventable. It's a time to increase awareness of the resources and supports available so we can work together to end family violence and build healthier relationships in our communities. All community members can show their support by wearing purple. The LSLIRC Victim Services Unit and members of the Lakeshore Regional Police Service will be promoting this campaign with an information booth. Please contact our VSU Unit for further details. 1-866-299-0138



Kapawe'no First Nation





OCCUPANT RESTRAINT LAWS

SEAT BELTS

Drivers and passengers must wear an occupant restraint.

It is the driver's responsibility to ensure children aged 6 to 15 (or children younger than 6 who weigh more than 18kg/40lbs) are wearing a seat belt.

Seat belts must be worn properly adjusted and securely fastened. Seat belts must not be removed from the vehicle or modified.

Learner and probationary (i.e. GDL) drivers must not have more passengers than there are seat belts.

CHILD RESTRAINTS

It is the driver's responsibility to ensure children younger than 6 who weigh 18kg (40lbs) or less are in a properly installed child restraint.

- **STANDARDS - Occupant restraints must meet Canadian standards.**

EXEMPTIONS

Seat belts and child restraints are not required (but are still recommended!) to be used:

- * in vehicles not designed or equipped with seat belt assemblies by their manufacturers
- * in vehicles being used in the course of making deliveries and being driven at 40km/h or less
- * in vehicles being driven in an authorized municipal parade
- * by a person who has a letter from a qualified medical practitioner certifying that person cannot use a seat belt or child restraint due to medical reasons or physical characteristics

Child restraints are not required (but are still recommended!) in:

taxis

emergency vehicles

vehicles rented/leased for 14 days or shorter

PENALTIES

\$155 fine.

GDL drivers will also receive 2 demerit points if they drive with more passengers than there are seat belts.

Learn where to turn



Family Violence Prevention Month November 2019

#GoPurpleAB in November, attend an event and post your pictures online to show your support! Help prevent family violence by raising awareness of supports and services available to those at risk.

Help is available.

Call the Family Violence Info Line at **310-1818** or visit alberta.ca/EndFamilyViolence for more information.

Follow us on @AlbertaCSS

#WhereToTurn

#GoPurpleAB

Alberta ■

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BIRTHDAY GREETINGS



November 3
If this were a book, you be the Prince. If it were a movie you would be the Hero. But, since this is our life, you are my everything.



Happy Birthday



November 3
Happy 2nd Birthday to our Big Baby
Michelle Halcrow
Love Mommy, Daddy, Niesha, Tristen
and your twin brothers Junior and
Brooklyn

November 3
Happy Birthday Dad
Love your three cubs ..

November 5
Happy Birthday Mommy
I love you from
your baby boy Easton

November 5
Happy Birthday Shayla
Love always and always
Love mom and sisters



November 5
I wish you a totally amazing day for
an amazing niece.
Happy Birthday Shayla
Much Love Always ..

November 5
Happy 7th Birthday tinky Chloe
Love Mom, Dylan, Sissy, Niko and
Zola

BIRTHDAY GREETINGS



November 8
Happy 12th Birthday
Kohen Flett
Love from Mom Shooter and family



November 15
Happy 3rd Birthday Frank
Love Mom and sisters



November 10
Happy 8th Birthday Miss Beth
Love always Mom, Rudy, Sherman,
and William



November 17
Happy 11th Birthday
Ryker
Love Dad, Kayla and family

BIRTHDAY GREETINGS

November 21

**Happy Birthday little Brother
(Darwin)**

**Wishing you a life filled with lots of
happiness and joy. May you always
be successful in whatever you do.**

**Much love
Always from your family**



**November 21
Happy Birthday Darwin
Love from
Rob, Girls and Easton**

**November 24
Happy 14th Birthday Jaylen
We love you**

**Watching you grow into a young man is
such a blessing.
Love Dad, Mom and brothers
and sister**



**November 4
Happy Birthday Robert
Love from
Rob, Girls and Easton**



**November 24
Happy 1st Birthday Easton
Love always and always
Love from mommy, kokum and
aunties**

BUY & SELL

Do you have items that you would like to sell or looking for something in particular?

You can post your items here in this section



COMMERCIAL FURNACE MOTOR
Brand new still in box commercial furnace motor. Was being kept as a spare but have since changed furnace and can no longer use. C1158 changes to AIRB1104AV1—1 HP 1 phase 56

frame 1725 rpm

\$300.00

Call Band Office



SERVICES OFFERED

Need extra cash? Do you have a service you would like to offer to your fellow Kapawe'no Members?

Babysitting; Grass Cutting; Snow removal; Housecleaning; Spring cleaning; provide transportation to town?

You can list your services here in this section and members can contact you for your service and costs



SNOW REMOVAL

I am offering my services for snow removal. For more information or to book call or text Big Jim at 780-507-9446

Babysitting Course

This program will be held November 29 & 30

Band Hall doors open at 5:45

Both days

Snacks will be provided

Will be done at 9:00 pm

The instructor messaged me and said we can take youth that are age 11 and up, so if you would like to sign up please do so before

November 15, 2019 at health center. At 780 751-2284

Youth will receive a certificate when course is done



ATTENTION ALL:

KAPAWE'NO FIRST NATION RESIDENTS
&
KAPAWE'NO FIRST NATION STAFF

ANYONE INTERESTED PLEASE HAVE YOUR

\$20.00 SUBMITTED TO THE BAND OFFICE BY:

Tuesday November 12th, 2019

Shopping will be done and food distributed on:

Thursday November 14th, 2019

FOR ANY MORE INFORMATION PLEASE CONTACT

GAETANNE @ 780-751-3800 or ANITA @ 751-2284

Please note: Groceries will have to be picked up 4:00 to 4:15 Please bring marked boxes or bags **BEFORE** Wednesday.



Public Health & Home Care Program Activities

- **November 6th:** Moms & Tots 3-4:30pm for babes up to 18 months, call Laura at the health centre with any questions.
- **November 7th:** Flu Clinic 1-8 pm
- **November 14th:** Foot Care Clinic 10-3:30 pm, call to book an appointment
- **November 19th:** Elders lunch at the health centre, 12-1:30 pm, come and enjoy a hot meal!
- **November 26th:** Immunization Clinic 10-4 pm call to book appointment.
- We have the nutrition program available for any prenatal women in the community, Contact Laura at the health centre and sign up. There are prenatal classes available to anyone who wants to participate.
- We continue to have 'brown bags' available at the Health Centre in the reception area, They have condoms and sexual health information in each bag, Please come and get one if you need some.

STATUS CARDS

Status Cards Will Be Issued at the
KAPAWE'NO BAND OFFICE on

MONDAY, NOVEMBER 25TH 2019

10AM – 2PM



← CIS CARDS



← SCIS CARD applications

- **ADULT APPLICATIONS** – MUST HAVE GOVERNMENT ISSUED IDENTIFICATION
- **CHILD APPLICATIONS** – CHILD'S BIRTH CERTIFICATE + PARENTS IDENTIFICATION

**Please call 780-751-3800
to make an appointment.**

***Remember to bring I.D.
No exceptions will be made.**

NOVEMBER 2019

HEALTH CENTRE

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1 2
Halloween
Party

3 4 5 6 7 8 9

Mom's & Tots Flu Clinic
3:00-4:30 1:00-8:00

10 11 12 13 14 15 16



Foot Care
Clinic 10:-3:30

17 18 19 20 21 22 23

Elders Lunch
12:00-1:30

24 25 26 27 28 29 30

Immunization
Clinic
10:00-4:00

November 2019

Sun

Mon


Tue

Wed

Thu

Fri

Sat

					1 Halloween Party	2
3	4 Hall booked 7-8	5 Homework Night 4:30-6:30	6	7 Flu Clinic 1-8	8 Career Showcase 9:00-3:30	9
10	11 Hall booked 	12 Homework Night 4:30-6:30	13	14	15	16
17	18 Hall booked 7-8	19 Homework Night 4:30-6:30	20	21	22	23
24 Hall Booked	25 Hall booked 7-8	26 Homework Night 4:30-6:30	27	28	29 Babysitting Course 6:00-9:00	30 Babysitting Course 6:00-9:00

November 2019

Northland School Grouard

Sun

Mon

Tue

Wed

Thu

Fri

Sat

					1 No School	2
3	4 No School	5	6 Early Dismissal 1:30	7	8	9
10	11 	12	13 Early Dismissal 1:30	14	15	16
17	18	19 Nu- meracy Night 5:30- 7:00	20 Early Dismissal 1:30	21	22 Report Cards go home	23
24	25	26	27 Early Dismissal 1:30	28 Parent Teacher In- terviews 4:00 -7:00	29	30

November 2019

Holy Family Catholic Division

Sun

Mon

Tue

Wed

Thu

Fri

Sat

					1	2
3	4	5	6	7	8 No School	9
10	11 No School 	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29 No School	30

November 2019

High Prairie School Division

Sun

Mon


Tue

Wed

Thu

Fri

Sat

					<i>1</i> No School	<i>2</i>
<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>7</i>	<i>8</i> No School	<i>9</i>
<i>10</i>	<i>11</i> No School 	<i>12</i>	<i>13</i>	<i>14</i>	<i>15</i>	<i>16</i>
<i>17</i>	<i>18</i>	<i>19</i>	<i>20</i>	<i>21</i>	<i>22</i>	<i>23</i>
<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i>	<i>28</i>	<i>29</i> No School	<i>30</i>