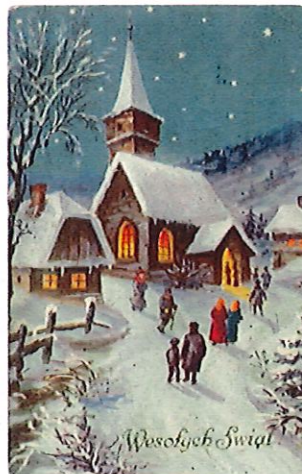


Chief and Council
would like to wish
everyone a
joyous and safe
Christmas Season

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KAPAWE'NO CONSULTATION OFFICE

KAPAWE'NO FIRST NATION



Special points of interest:

- Staff Training
- Library

CONTACT INFORMATION:

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FIRST NATION LIAISON

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DECEMBER 2019

Kapawe'no staff went to the Banff Centre for an Indigenous Leadership program in October. Michelle, Jayden, Shayla and Diane received a certificate in Negotiation Skills Training after participating in a week long program. We would like to congratulate Michelle on obtaining her Leadership Certificate. She has successfully completed 6 training programs! Way to go Michelle!



Kapaweno Consultation would like to wish everyone a Merry Christmas and a Happy New Year!





Administration staff Jayden, Shayla and Raven attended the 26th annual Knowing Your Spirit two-day conference in Edmonton. They participated in a pipe ceremony, dinner banquet and participated in different sessions in hopes to bring back teachings to our community events.



Please stop by the office (or make an appointment) if you are interested in looking at our library. We have various Cree books available for sign out. Lots of information culture, language and history.

- Readings available in the library:**
- ACL Presentation Peerless Lake – March 2011
 - Nunavut Settlement Area Agreement – In Principle
 - Indians and Natives – Improved Program Directory
 - Undrip Implementation: Braiding of International Domestic and Indigenous Laws
 - Undrip Implementation: More Reflections on the Braiding of International Domestic and Indigenous Laws
 - Aboriginal Conditions
 - The Sky Was On Fire
 - English Usage – The Dictionary
 - Aboriginal Plant Use in Canada's Northwest Boreal Forest
 - The Last Buffalo Hunter
 - As Long as This Land Shall Last
 - Animals in Cree
 - Edible Wild Plants
 - Cree Legends – Volume 1 and 2
 - Little Chief and the Morning Star
 - Medicine Boy and other Cree Tales
 - Nanabosho and the Woodpecker
 - The Little Duck – Sikihipsis
 - Smoke Tanning
 - Traditional Native Herbal Medicines of the Plains Cree
 - The Challenge of Lesser River
 - On Building a Birch-Bark Canoe
 - Prophet River Ethnobotany
 - Herbs of Long Ago by Anne Anderson
 - Wisakyiak and the New World
 - The Story of Chakapas
 - The Legend of the Mimigwesseos
 - Poundmaker
 - Indian Tribes of Alberta
 - Birds In Cree
 - The Unjust Society



Sending a big thank you to Raven for her time as a youth admin support. Raven transformed our data into a digital format for safe keeping. She also attended an informative workshop called Ricoh: Records & Information Management that assisted her with this role. We appreciate all your hard work and dedication these past few months, thank you Raven!

**KAPAWE'NO FIRST NATION
Career Showcase 2019**

I would like to take this time to acknowledge our very own members of Kapawe'no First Nation who provided so much insight and Wisdom to our youth that attended our *Career Showcase 2019*. Our Presenters shared that their Career journey was successful yet sacrifices were made along the way. They shared that although hard to survive on minimal resources while educating themselves for a few years, they had to make decisions and choices that meant sometimes going 'without'. They shared it's okay to reach out and seek 'help'...just ask!!!



**Thank you Lydia Cunningham; Kenneth Halcrow, Dutton Halcrow;
Michelle Knibb; Kelly Chalifoux; Dianne Halcrow for providing
wisdom and knowledge to our youth**





MENTAL HEALTH



MENTAL HEALTH

MENTAL HEALTH WORKER

Mental Health Worker

Doreen Willier

will be available for appointments at the

Alice Halcrow Health Centre

Call Kayla at Health Centre at 780-751-2284 to book an appointment

Appointments available every second Wednesday

November 20th

December 4th

December 18th

January 8th

January 22nd

Will be available for appointments until the end of September 2020

**Definiton of Mental Health according to the
World Health Organisation**





**KAPAWE'NO FIRST
NATION**

**ANNUAL KFN
CHRISTMAS
DINNER**

DECEMBER 18, 2019

Doors Open 5:00 PM

**KAPAWE'NO FIRST NATION
BAND HALL**

**HAVE A JOYFUL HOLIDAY
SEASON**

WANTED

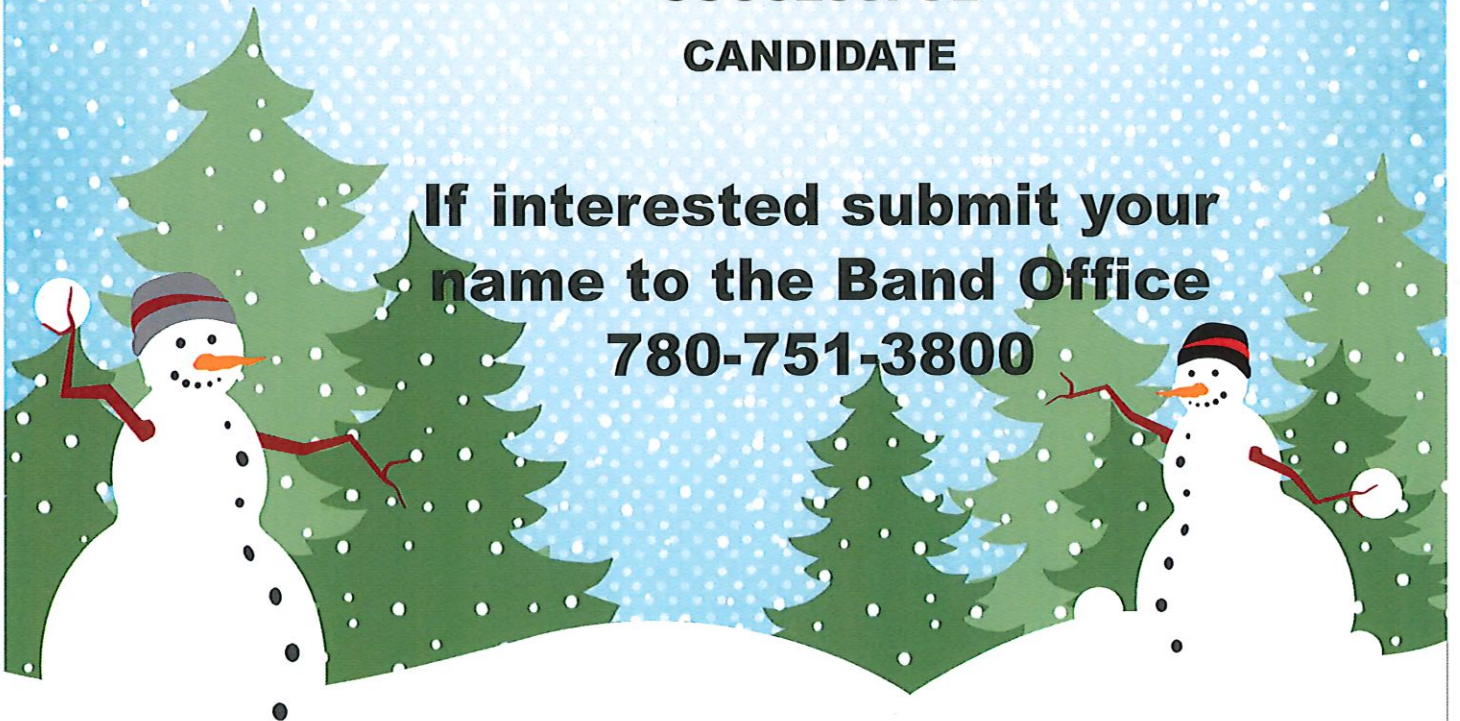
someone to
CLEAN UP

AFTER
ANNUAL KFN CHRISTMAS DINNER
WEDNESDAY DECEMBER 18TH 2019
FOR KAPAWE'NO FIRST NATION

DEADLINE:
THURSDAY DECEMBER 5th at 4:30pm

NAMES WILL BE DRAWN FOR
SUCCESSFUL
CANDIDATE

If interested submit your
name to the Band Office
780-751-3800





WANTED

**COOKING BID FOR
250 GUESTS for
ANNUAL KFN CHRISTMAS DINNER
ON DECEMBER 18th
KAPAWE'NO FIRST NATION BAND HALL**

**PLEASE INCLUDE MENU WITH BID
SUBMISSION**

DEADLINE: THURSDAY DECEMBER 5th at 4:30pm

Submit in person to:

Gaetanne

email at: admin@kapaweno.ca

Or fax: 780-751-3864

Kapawe'no Member Residence Christmas Tree Contest

Hello Members,

**It's that time of the year to have fun in decorating
your Christmas tree**

Rules :

1 tree per house

A picture must be taken with a
family member

You must send in your picture to
Anita by 4:30 December 13

No late entry's

1st 2nd 3rd

Winners will be announced at
community dinner

For more information please call Anita at (780) 751-2284



Kapawe'no Member Residence Outside House Contest

Tansi Members

**Fun times spent with the family in decorating
the outside of your home**

Rules :

Lights

Décor

Originality

Judging will be Dec 18

at 5:00

For more information please call
Anita at (780) 751-2284



BIRTHDAY GREETINGS



December 7
Happy Birthday Trista
Love your family

**Happy
Birthday**



December 27
Happy Birthday Deborah Ryan
Love auntie Fern

December 3
Happy Birthday Kristie
Love from all of us

December 27
Happy Birthday Deborah
Love from Mom, sisters and Easton



December 28
Happy Birthday Mackenna Rae
Double Digits!!
Love you forever!
Love Mom, Kael, Denene & the boys



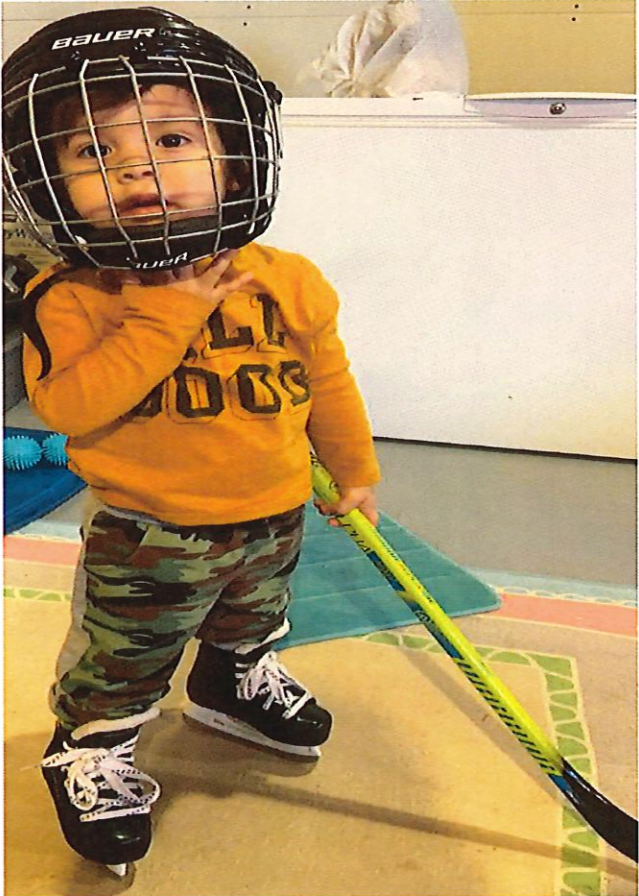
December 31
Happy Birthday
To my beautiful wife!

BIRTHDAY GREETINGS



January 13

Happy Birthday Papa
Love all your grand kids and family



January 23

Happy 2nd Birthday Lincoln Halcrow
Love from Daddy, Mommy,
Kianu, Kaliyah and Keira

SERVICES OFFERED

Need extra cash? Do you have a service you would like to offer to your fellow Kapawe'no Members?

Babysitting; Grass Cutting; Snow removal; Housecleaning; Spring cleaning; provide transportation to town?

You can list your services here in this section and members can contact you for your service and costs



SNOW REMOVAL

I am offering my services for snow removal. For more information or to book call or text Big Jim at

780-507-9446

RESIDENTIAL CHRISTMAS LIGHT INSTALLATION

Need assistance installing Christmas lights?

I am offering my services for residential houses at affordable rate.

For more information or to book call or text Jaimie at
780-507-6404

BUY & SELL

Do you have items that you would like to sell or looking
for something in particular?
You can post your items here in this section



COMMERCIAL FURNACE MOTOR

Brand new still in box commercial furnace motor. Was being kept as a spare but have since changed furnace and can no longer use. C1158 changes to AIRB1104AV1—1 HP 1 phase 56 frame 1725 rpm
\$300.00
Call Band Office

ATTENTION ALL:

KAPAWE'NO FIRST NATION RESIDENTS

&

KAPAWE'NO FIRST NATION STAFF

ANYONE INTERESTED PLEASE HAVE YOUR

\$20.00 SUBMITTED TO THE BAND OFFICE BY:

Monday December 9th, 2019

Shopping will be done and food distributed on:

Wednesday December 11th, 2019

FOR ANY MORE INFORMATION PLEASE CONTACT

GAETANNE @ 780-751-3800 or ANITA @ 751-2284

Please note: Groceries will have to be picked up 4:00 to

4:15 Please bring marked boxes or bags **BEFORE**

Wednesday.

**GOOD FOOD
BOX**

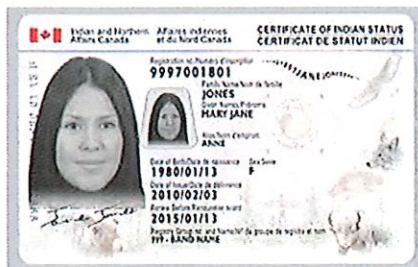


STATUS CARDS

Status Cards Will Be Issued at the
KAPAWE'NO BAND OFFICE on

THURSDAY, DECEMBER 12TH 2019

10AM – 2PM



- ***ADULT APPLICATIONS*** –
MUST HAVE GOVERNMENT
ISSUED IDENTIFICATION
- ***CHILD APPLICATIONS*** –
CHILD'S BIRTH CERTIFICATE
+ PARENTS IDENTIFICATION

**Please call 780-751-3800
to make an appointment.**

***Remember to bring I.D.
*No exceptions will be made.***

Medical Transportation

There have been some changes to the Medical Transportation system, we have recently switched over from MTS to MTRS. As of October, 2019 I have started using MTRS.

Appointments may be questioned by Edmonton referral and may not be approved or require you to submit new referral letters due to the change of medical transportation systems.

Starting December we will be doing an incentive draw for confirmation slips returned to the health center for private mileage and medical vans.

When utilizing the medical transportation service:

If it is an out of town specialist appointment, you need to submit a copy of the referral letter. The referral letter must state the doctor who referred you and it must also include the date, time, and where the appointment is. Confirmation of the appointment is also a requirement. If you require an escort, it will need to be stated on the referral letter from the doctor.

Without all this information medical transportation is unable to make the necessary arrangements required. These requirements are for Edmonton Referral, these are their rules.

When having information faxed to the Health Centre it is the client's responsibility to call to make sure it has been received and inform the medical transportation coordinator how you plan to attend the appointment. E.g. medical Van or Private mileage. If you do not phone the health centre 24 hours BEFORE your appointment to confirm that papers were received, there is NO guarantee that paper work has been processed.

All medical appointment papers and confirmations need to be brought to the health centre, you take a risk of arrangements not being made by leaving them at the band office.

The following information is taken from NIHB 101 SECTION:

No show/ No loads - Cancellations

No load for pick up / No show at appointment

If the medical van driver was dispatched to pick up a client it is considered as services provided.

The client is not where they were supposed to be and are at another location, leaving the driver to wait, they are considered no load.

- The client came out and stated they do not need a ride and going on their own, they are considered no load
- The client chooses to go on their own, they are not reimbursed with gas support but the medical van was available, they are considered no load
- The client came out and stated they rescheduled the appointment an hour ago, they are considered no load

Medical Vans trips notes No Shows/No Loads – Cancellations

When a no show/no load occurs, it must be noted that community services were allocated on behalf of the client. The driver's time/salary was used, MT Van gas was used, a seat was booked for this client and those resources have not been utilized properly.

With the client cancelling last minute, or not being at their destination of pick up, it must be noted that another client could have used the seat and that resources have not been utilized properly.

When a no show/no load appointment occurs, it is reported to MTS and entered in their computer system and no future appointments can be made until the no show status is removed. In order to have the no show status removed the client MUST do a make-up appointment at their own expense.

December 2019

Sun

Mon


Tue

Wed

Thu

Fri

Sat

1 <i>Hall Booked</i>	2 <i>Hall Booked</i>	3 <i>Hall Booked</i>	4 <i>Doreen Willier</i>	5 <i>Cook Bid and Clean up Bid Deadline</i>	6 <i>No School NSD</i>	7
8	9 <i>Hall Booked Good Food Box Deadline</i>	10	11 <i>Good Food Box Pickup</i>	12 <i>Status Cards 10-2</i>	13 <i>Hall Booked</i>	14 <i>Hall booked</i>
15 <i>Children's Christmas Party</i>	16 <i>Elders Christmas Dinner</i>	17 <i>Headstart Christmas Concert</i>	18 <i>Member Christmas Dinner Doreen Willier</i>	19 <i>Hall Booked</i>	20	21
22	23 <i>Hall Booked OFFICE CLOSED</i>	24 <i>OFFICE CLOSED</i>	25 <i>Hall Booked CHRISTMAS DAY</i> 	26 <i>BOXING DAY</i>	27 <i>OFFICE CLOSED</i>	28
29	30 <i>Hall Booked OFFICE CLOSED</i>	31 <i>OFFICE CLOSED</i>	<i>OFFICE CLOSED</i>	<i>OFFICE CLOSED</i>	<i>OFFICE CLOSED</i>	

January 2020

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 <i>New Years Day</i>	2 <i>OFFICE CLOSED</i>	3 <i>OFFICE CLOSED</i>	4
5	6	7	8 <i>Doreen Willier</i>	9	10	11
12	13	14	15	16	17	18
19	20	21	22 <i>Doreen Willier</i>	23	24 <i>No School NSD</i>	25
26	27 <i>No School NSD</i>	28	29	30	31 <i>No School HPSD & HFCD</i>	